

Event Description	FOOT GALA
Guidelines & Rules	<ol style="list-style-type: none">1. Team Composition<ul style="list-style-type: none">○ Each team consists of 5 players on the field (including the goalkeeper).○ A maximum of 3 substitutes per team is allowed.○ Rolling substitutions are permitted.2. Match Duration<ul style="list-style-type: none">○ Matches are two halves of 10 minutes each (depending on the schedule).○ A 5-minute halftime break will be given.○ In case of a tie in knockout matches, extra time (5 minutes) or a penalty shootout will decide the winner.3. Kick-off & Restarts<ul style="list-style-type: none">○ Kick-off starts from the centre and must be played forward.○ No offside rule applies.○ Throw-ins are replaced by kick-ins from the touchline. <p>Gameplay Rules</p> <ol style="list-style-type: none">4. Ball in and Out of Play<ul style="list-style-type: none">○ The ball is out of play when it completely crosses the goal line or touchline.○ The ball is in play if it rebounds from the goalpost or referee and remains within the field.5. Fouls & Misconduct<ul style="list-style-type: none">○ No physical contact like pushing, holding, or dangerous play.○ Indirect free kicks are awarded for minor fouls.○ Yellow card: Warning; two yellow cards = red card (player sent off).○ Red card: Immediate dismissal, and the team plays with 4 players for 2 minutes before a substitute is allowed.6. Goalkeeper Rules<ul style="list-style-type: none">○ The goalkeeper cannot handle the ball outside the penalty area.

- Goalkeepers have **4 seconds** to release the ball.

Tournament Rules

7. Knockout Stage

- If the match ends in a draw, it will go to:
 - a) **Extra time** (5 minutes).
 - b) **Penalty shootout** (3 penalties per team).

8. Discipline & Fair Play

- Any **serious misconduct** (fighting, abuse) leads to disqualification.
- Referee's decision is final.